

April 2024

Transylvania County Schools

Pre-K Menus

Monday

1

No School

Tuesday

2

Breakfast: Cereal, WG, Fresh Fruit, Milk
Lunch: Pizza, WG, Green Beans, Diced Pears, Milk
Snack: Cheez-Its, WG & 100% Fruit Juice

Wednesday

3

Breakfast: Super Donut, WG, NC Sliced Apples, Milk
Lunch: Beef Teriyaki w/ Brown Rice, Carrot Coins, Mandarin Oranges, Milk
Snack: Snack Crackers, WG & 100% Fruit Juice

Thursday

4

Breakfast: Waffles, WG, Fruit Cup, Milk
Lunch: Chicken Chunks, Southern Style Biscuit, Mashed Potato w/ Gravy, Fresh Fruit, Milk
Snack: Cheddar Chex, WG & 100% Fruit Juice

Friday

5

Breakfast: Cinnamon Toast, WG, Orange Cup, Milk
Lunch: Mini Corndogs, WG, Baked Beans, Strawberries, Milk
Snack: Pretzels, WG & Cheese Stick

Breakfast: Breakfast Bread, WG, Fresh Fruit, Milk

8

Lunch: Pizza, WG, Garden Salad, Diced Peaches, Milk
Snack: Yogurt & Giant Goldfish, WG

Breakfast: Chicken Biscuit, Applesauce Cup & Milk

9

Lunch: Taco Tuesday! Golden Corn, Fresh Fruit, Milk
Snack: Cheez-Its, WG & 100% Fruit Juice

Breakfast: Pancakes, WG, NC Sliced Apples, Milk

10

Lunch: Mandarin Chicken, Brown Rice, Steamed Broccoli, Mandarin Oranges, Milk
Snack: Snack Crackers, WG 100% Fruit Juice

Breakfast: Cinnamon Roll, WG, Fruit Cup, Milk

11

Lunch: Chicken Alfredo Breadstick, WG, Green Peas, Fresh Fruit, Milk
Snack: Cheddar Chex, WG & 100% Fruit Juice

Breakfast: Sausage Bites, WG, Orange Cup, Milk

12

Lunch: Steak Burger, WG, French Fries, Apple Cobbler, Milk
Snack: Pretzels, WG & Cheese Stick

Breakfast: Cereal, WG, Fresh Fruit, Milk

15

Lunch: Pizza, WG, Garden Salad, Diced Pears, Milk
Snack: Yogurt & Giant Goldfish, WG

Breakfast: Sausage Biscuit, Applesauce Cup & Milk

16

Lunch: Nachos, WG, Golden Corn, Fresh Fruit, Milk
Snack: Cheez-Its, WG & 100% Fruit Juice

Breakfast: Super Donut, WG, NC Sliced Apples, Milk

17

Lunch: Chicken & Waffle, WG, Green Beans, Mandarin Oranges, Milk
Snack: Snack Crackers, WG 100% Fruit Juice

Breakfast: Waffles, WG, Fruit Cup, Milk

18

Lunch: Pasta w/ Meat Sauce, Breadstick, WG, Green Peas, Fresh Fruit, Milk
Snack: Cheddar Chex, WG & 100% Fruit Juice

Breakfast: Cinnamon Toast, WG, Orange Cup, Milk

19

Lunch: Mini Corndogs, WG, Baked Beans, Strawberries, Milk
Snack: Pretzels, WG & Cheese Stick

Breakfast: Breakfast Bread, WG, Fresh Fruit, Milk

22

Lunch: Pizza, WG, Garden Salad, Diced Peaches, Milk
Snack: Yogurt & Giant Goldfish, WG

Breakfast: Chicken Biscuit, Applesauce Cup, Milk

23

Lunch: Taco Tuesday! Golden Corn, Fresh Fruit, Milk
Snack: Cheez-Its, WG & 100% Fruit Juice

Breakfast: Pancakes, WG, NC Sliced Apples, Milk

24

Lunch: Chicken Sandwich, WG, Green Peas, Mandarin Oranges, Milk
Snack: Snack Crackers, WG 100% Fruit Juice

Breakfast: Cinnamon Roll, WG, Fruit Cup, Milk

25

Lunch: Breaded Pork Chop w/ Country Style Gravy, Biscuit Mashed Potato w/ Gravy, Fresh Fruit, Milk
Snack: Cheddar Chex, WG & 100% Fruit Juice

Breakfast: Sausage Bites, WG, Orange Cup, Milk

26

Lunch: Manager's Choice Manager's will advertise this menu in the cafeteria
Snack: Pretzels, WG & Cheese Stick

Breakfast: Cereal, WG, Fresh Fruit, Milk

29

Lunch: Pizza, WG, Garden Salad, Diced Pears, Milk
Snack: Yogurt & Giant Goldfish, WG

Breakfast: Sausage Biscuit, Applesauce Cup, Milk

30

Lunch: Nachos, WG, Golden Corn, Fresh Fruit, Milk
Snack: Cheez-Its, WG & 100% Fruit Juice

Breakfast

Breakfast is served daily in the classroom.

Breakfast consists of 1-2oz Grains, ½ cup fruit and 8oz 1% Unflavored Milk.

Lunch

Lunch is served daily in the classroom.

Lunch consists of 2 oz Meat/Meat Alternative, 2 oz Whole Grains, ½ cup vegetable, ½ cup fruit and 8oz, 1% Unflavored Milk.

Additional Weekly Entrée Options

Deli Sandwich
Peanut Butter & Jelly Sandwich
Yogurt Plates

Snack

Snack is served daily in the classroom.

Snack consists of 2 items

3/07/2024

This institution is an equal opportunity provider.

Did You Know?

April is named after the Greek goddess of love, Aphrodite. In the Roman calendar, the fourth month April is spelled Aprilis, meaning "to open." Festivals which were planned for April included Parrilla, a day celebrating the founding of Rome.